



## Vegan Avocado Stuffed Chickpea Salad

### Ingredients

- 1 can of organic chickpeas
- 1 celery stalk (sliced)
- ½ cup of organic red grapes (sliced)
- 2 tbsp. of vegan mayonnaise
- ¼ tsp. black pepper ✓
- ½ tsp. dried thyme ✓
- ½ tsp. ground cumin ✓
- ½ tsp. Himalayan salt ✓
- 2 avocados

### Directions:

1. Drain chickpeas and pour in a medium bowl. Mash with a fork.
2. Add remaining ingredients and mix well.
3. Slice avocados and remove pits.
4. Fill each slice of avocado with chickpea salad.
5. Refrigerate remainder.

✓ Available for purchase in the PureFormulas Store

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